

## **Fibroblast Post Treatment Instructions**

### **What to do after the treatment:**

Once you're indoors, please apply a thin layer of aftercare balm. This balm will make the skin recovery faster. After a couple of hours you can remove it with a wet cotton or towel by tapping gently.

Do not wash the area for 12 hours.

### **Things to avoid:**

Direct exposure to the sun for 5-7 days. If you go out, try to use a hat and sunglasses.

Face down sleeping if sensitive area was treated, this may increase the chances of swelling.

Makeup or cosmetic products in the treated area for the first 7 days. Makeup usage can result in skin infection.

Vigorous physical activity that causes sweating for 7 days.

Swimming pools for the first 7 days.

Saunas for the first 7 days.

### **Important information**

Please apply aftercare balm every day several times a day for the first 7 days.

The carbon crusts in your face will fall down after 5-7 days. When they fall, you will see pinkish skin, this means your skin is still healing and this is brand new skin.

Full results will be shown after 6-8 weeks due to the cell regeneration cycle in our skin. Swelling is possible in delicate areas, this should disappear after 2-3 days.

If your skin bothers you, please apply a thin layer of aftercare balm (ticklish, 'tight', dry skin).

All side effects such as swelling, dry skin or tightness should go away after 5-7 days.

**After carbon crusts have fallen, please apply Broad Spectrum Sunscreen when going out to the sun to ensure the best results after 8 weeks.**

**If aftercare balm causes irritation, please discontinue its use and keep the area dry and clean, letting skin breathe.**

### **Results**

Results will be shown immediately, but remember that they're augmented due to cell dehydration. They're likely to be reduced, however, results will keep improving as skin regenerates. End results can be expected at 6 to 8 weeks.

The duration of these results are permanent, however, your skin will keep aging as usual, whenever you feel that you need an extra session, feel free to do so. The minimum wait time for another session is 6 weeks.

The more sagging the tissue, the more sessions it may need for best results.

**Everyone is different and benefits differently from the treatment. Results cannot be guaranteed.**